

TOTAL CLINICAL MENTORSHIP REQUIREMENTS FOR INTERMEDIATE AND ADVANCED EXAMS

Total hours = 150

Direct Clinical Hours = 85

Indirect Clinical Hours = 65

Breakdown of Clinical Mentorship Hours

Prior to registering for the Intermediate Practical Exam (IPE) 90 hours must be completed

- 55 hours must be direct clinical hours (must be supervised by a mentor)
- 35 hours may be indirect clinical hours (group study – not directly supervised)
- Supervision must be with a physiotherapist who is a registered mentor with the National Orthopaedic Division.

Prior to registering for the Advanced Exams 60 hours must be completed

- 30 hours are direct clinical hours (must be supervised by a mentor)
- 30 hours are indirect clinical hours (group study – not directly supervised)
- Supervision must be with a physiotherapist who is a registered mentor with the National Orthopaedic Division.

Direct Clinical Hours (a combination of hours from 1,2,3 are encouraged)

1. Direct patient care may consist of any of the following activities

- Shadowing/co-treating at the preceptor's clinic with a 1:1 and up to 3:1 student:mentor ratio. The Mentor should attempt to be present for at least 20 minutes of every hour of patient care by the student.
- Supervision of assessment/treatment at the student's clinic in which the Mentor attends the student's clinic to provide 1:1 and up to 3:1 feedback
- While the student is performing direct patient care hours the Mentor may provide 1 to 2 hours of extra instruction at the end of the day or the next day and/or visit in regard to practicing specific techniques encountered while treating actual patients.
- Evaluation of at least one new patient assessment either at the mentor's clinic or student's clinic is mandatory for the Advanced Examination. (Appendix III).

2. Study group with your mentor performing various Mock Scenarios and/or practical Clinical Reasoning cases

- Mentor provides a mock scenario at either their clinic or the student's facility using volunteers or other physiotherapists who are not actual patients

- This must be performed with the mentor present and the student:mentor ratio can vary from 1:1 to 4:1.

3. Controlled Teaching

- Focused patient care is outside of regular clinic hours and the student and Mentor are focused on certain conditions with actual patients. Ratio of student:mentor can vary from a 1:1 to 4:1 ratio.

Examples of the above direct hours:

a. If you are shadowing/co-treating direct patient care with your mentor at their clinic for 8 hours (not including lunch) then this will count as 8 direct hours. These 8 hours will count if there are 1 and/or 3 students present.

b. If you are participating in a study group with a mentor and there are up to 4 students present, then every hour will count when you are with the mentor in this clinical reasoning/mock scenario teaching session.

c. In a controlled teaching session with an actual patient then every hour present with the patient will count as a direct hour whether there are 1 or up to 4 students present.

d. Other examples of acquiring direct mentoring hours can be achieved through approved advanced exam prep courses, virtual mentorship to review new patient assessments, case studies and clinical reasoning scenarios. It is recommended that no more than 50% of direct mentor hours are achieved through distance or remote conferencing. It is recommended that the maximum student:mentor ratio during virtual mentorship be 4:1. This ratio may be adjusted upwards of 8:1 for the purposes of interactive mentored clinical reasoning sessions.

**** Any combination of the above direct hours will be accepted****

Indirect Clinical Hours

- Hours spent in small study groups or “prep groups”
- Peer presentations i.e. case study presentations
- On-line case study discussions with fellow students
- While studying in a small group write the name and date of the other students present and have them initial or sign next to their names

RECOMMENDED TIMETABLE FOR COMPLETING SUPERVISED CLINICAL HOURS

Intermediate Practical Exam requires 55 supervised direct clinical hours

Level 1

↓ 10 hours

Level 2 Upper and Lower

↓ 20 hours

Level 3 Upper and Lower

↓ 25 hours

Apply for Intermediate Exam

↓

Intermediate Practical Exam

Advanced Exam requires 30 supervised direct clinical hours plus at least one completed new patient assessment review (Appendix III)

Level 4

↓ 10 hours

Level 5

↓ 20 hours

Apply for Advanced Exam

↓

Advanced Exam

Regardless of participation in courses or other mentorship opportunities all mentorship hours must be completed and submitted by the deadline.

DEADLINE FOR SUBMISSION OF MENTORSHIP HOURS

Candidates must submit completed hours to the Examinations Coordinator, by uploading them onto the website (www.orthodiv.org), within 30 days of the Intermediate practical and Advanced examination application submission deadline. Requirements for the Advanced Exam also includes submission of a new patient assessment and completed Appendices I-III.

Requests for an extension for submission of mentorship hours must be made directly to the Education Committee through the Mentorship Chair. Each request will be reviewed on a case-by-case basis.